

What to do if you feel unwell:

Advice differs by country, so please follow national health advice.

LOW RISK

If you are under 60 yrs and without an underlying health condition you may be asked to:



Self-monitor



Self-isolate



Stay home until you are well

HIGH RISK

If you are over 60 yrs or have an underlying health condition:



If possible, contact your healthcare provider and follow their advice before going to the healthcare facility.

Anyone experiencing difficulty breathing should seek immediate medical attention.

