

# COVID-19 MYTH BUSTERS

## MYTH

## FACT

Vaccination  
causes  
COVID-19

No. You cannot get COVID-19 from the vaccine. The vaccine does not contain the live coronavirus/ SARS-CoV-2. Vaccines may contain either killed or weakened versions or a small part of the virus such as a protein. When our immune system recognizes this virus or parts of it in the vaccine as being foreign it responds by creating memory cells and antibodies that protect us against future infection or disease. Thus it helps our immune system and does not cause infection.

